

Social and Wellness Activities

Our professional and caring staff has organized a dynamic program filled with fun, therapeutic exercises and educational activities such as:

- ❖ Daily exercise program both for maintaining wellness and for therapeutic purposes
- ❖ Guest speakers from community organizations to address health awareness talks
- ❖ Organized games of bridge, bingo, cards and trivia, as well as lively team events such as bowling and basketball tournaments
- ❖ Day trips, lunches at area restaurants, arts and crafts, talent shows and *much more!*



Program Coverage

The Good Shepherd Adult Day Medical program is covered 100% by Medicaid for qualifying individuals. Private pay is also accepted.

Funding is available for those that may not qualify for Medicaid through state and private programs. Please call for more information.

Program Services

The Good Shepherd Medical Day Program has experienced multilingual staff including registered nurse, social worker, dietician and activities specialist and provides:

- ❖ Safe and dependable transportation to and from the center and to all medical appointments
- ❖ Hot meals include breakfast, lunch and a light afternoon snacks
- ❖ Beauty parlor on premises



Healthcare and Medical Services

Our registered nurse, dietician and social worker are on-site to supervise participants' physical and mental health by offering:

- ❖ Medication administration, blood pressure, diabetes, weight and diet monitoring
- ❖ Scheduling of doctors appointments
- ❖ Assistance with health insurance issues and accessing available resources for senior citizens and counseling



GOOD SHEPHERD MEDICAL ADULT DAY CENTER

Phone: 201.933.0711

Fax: 201.933.0611

725 Valley Brook Avenue
Lyndhurst, New Jersey 07071

**Call us or come in today to learn more
about our adult day program.**

We are open:

Monday – Friday

8 a.m. – 6 p.m.

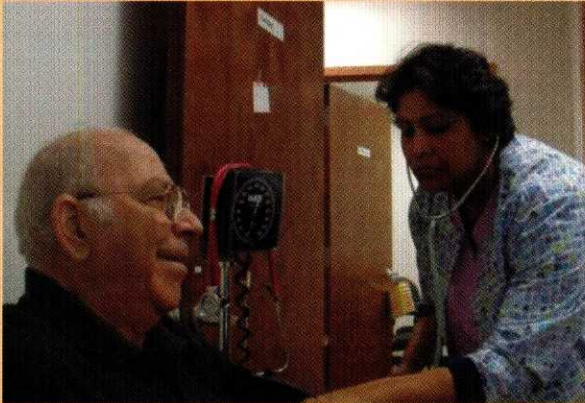


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Actividades Sociales y de Bienestar Saludable

Nuestro personal es profesional, hemos organizado un programa lleno de diversión.

- ❖ Ejercicios diarios con el propósito de mantenerlos saludables y para terapia física.
- ❖ Oradores invitados para hablarnos del cuidado de la salud.
- ❖ Organizamos torneos de cartas, basquetbol, bingo, bolos y eventos especiales.



Cobertura del Programa

El Buen Pastor está cubierto 100% por Medicaid para individuos que califican. Aceptamos pacientes privados.

Financiación disponible para personas que no califican por Medicaid. Para más información llámenos.

Servicio de calidad para ti o una amada, para mejorar la calidad de vida

Servicios del Programa

El programa del Buen Pastor tiene personal con experiencia, enfermeras tituladas, trabajadora social, dietista y directora de actividades. El programa ofrece:

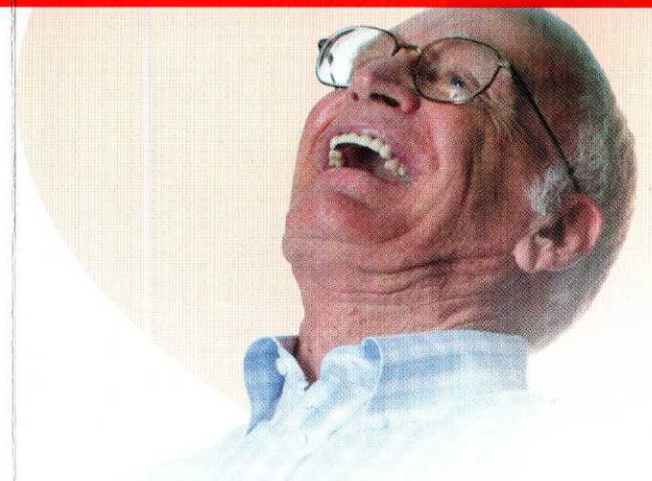
- ❖ Transportación segura y confiable puerta a puerta y a sus citas médicas.
- ❖ Comidas calientes incluyen desayuno, almuerzo y meriendas.
- ❖ Salón de belleza en el centro.



Servicios Médicos y Cuidados de la Salud

Nuestra enfermera registrada, dietista y trabajadora social están en para supervisar la salud física y mental de los participantes.

- ❖ Administrar los medicamentos, monitorear presión alta, diabetes, peso y dietas
- ❖ Hacemos citas médicas
- ❖ Asistimos en problemas con los seguros médicos y trabajamos con los ciudadanos para obtener mejores recursos y consejería



EL BUEN PASTOR CENTRO MEDICO PARA ADULTOS

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**Llámenos o venga hoy para aprender
mas acerca de nuestro programa de
dia para los adultos**

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